

**PRE-SCHOOL AM SNACK LIST
2015-2016**

Aug.	20 th - Alexis 8-11-11 25 th - Maggie 8-25-11 27 th - Kellen 8-23-11	Jan.	5 th - Chloe 7 th - Hadley 12 th - Kellen 14 th - Sophia 7-15-12 19 th - Jordan 21 st - Easton 7-25-11 26 th - Kaiden 28 th - Kynsley 1-31-12
Sept.	1 st - Kaiden 3 rd - Kynsley 8 th - Jordan 9-9-11 10 th - Dalton 15 th - Sophia 17 th - Emmett 22 nd - Nora (Wed) 23 rd - Katelyn 29 th - Easton	Feb.	2 nd - Dalton 4 th - Alexis 9 th - Maggie 11 th - Sophia 16 th - Emmett 18 th - Nora 23 rd - Katelyn 25 th - Easton
Oct.	1 st - Chloe 6 th - Hadley 8 th - Kellen 13 th - Jordan 15 th - Alexis 20 th - Maggie 22 nd - No School 27 th - Kaiden 29 th - Kynsley	Mar.	1 st - Chloe 3 rd - Hadley 8 th - Kellen 10 th - No School- Spring Break 15 th - Nora 3-16-12 17 th - Jordan 22 nd - Kynsley 24 th - No School- Easter Break 29 th - Kaiden 31 st - Dalton
Nov.	3 rd - Katelyn 11-1-11 5 th - Dalton 10 th - Alexis 12 th - Maggie 17 th - Sophia 19 th - Emmett 24 th - Nora 26 th - No School- Thanksgiving	Apr.	5 th - Alexis 7 th - Maggie 12 th - Sophia 14 th - Emmett 19 th - Nora 21 st - Katelyn 26 th - Easton 28 th - Chloe
Dec.	1 st - Chloe 11-30-11 3 rd - Katelyn 8 th - Easton 10 th - Emmett 12-14-11 15 th - Dalton 12-26-11 17 th - Preschool Christmas Party- PTL Provides Snacks	May	3 rd - Hadley 5 th - Kaiden 5-7-12 10 th - Kellen 12 th - Jordan 17 th - Hadley 5-15-12 19 th - Kynsley

SUGGESTED SNACK LIST

These suggestions are made primarily for the benefit of the children so that we do not contribute to tooth decay and hyperactivity, which is being questioned among experts where food additives are concerned. Any suggestions or questions will be welcomed.

Please remember the children will drink milk with their snacks, so the portions of snacks do not need to be very big.

Please reserve sweet snacks, such as cookies, for birthdays. We have a refrigerator for anything that needs to be kept cold.

SUGGESTIONS: Crackers (all kinds), Carrots and celery sticks, Trail mix, Jello, Pretzels, Puddings, Raisins, Popcorn, Yogurt, Fruit Snacks, Go-Gurts, Cereal, String Cheese, Granola bars, Fruit Roll-ups, Fresh Fruits, Peanut butter & jelly sandwiches.

Please do not send cupcakes on a child's birthday. I would like to encourage cookies, Rice Krispie treats, donuts, or brownies for a birthday treat. The children seem to eat these types of treats better than they eat cupcakes.