

**PRE-KINDERGARTEN AM SNACK LIST  
2022-2023**

Aug.	12- Kylie			Apr.	3- Whitt
	15- Brooks	Dec.	2- Rosie		5- Maverick
	17- Joseph		5- Navy		7- <u>No School</u>
	19- Zacharias		7- Tinlee B-Day 12/7		10- <u>No School</u>
	22- Whitt		9- Isaac		12- Sadie
	24- Rosie B-Day 8/25		12- Liberty ½ B-Day 6/12		14- Rosie
	26- Maverick		14- Maverick ½ B-Day		17- Isaac
	29- Sadie		6/16		19- Bowie
	31- Navy		16- Mrs. Aden		21- Navy
			19- PTL Provides Snack		24- Kylie
Sept.	2- Isaac				26- Liberty
	7- Bowie	Jan.	6- Joseph		28- Tinlee
	9- Liberty		9- Zacharias		
	12- Tinlee		11- Bowie	May	1- Mrs. Aden
	14- Mrs. Aden		13- Tinlee		3- Mila
	16- Mila		16- <u>No School</u>		5- Whitt
	19- Rosie		18- Mila		8- Bowie
	21- Kylie		20- Liberty		10- Navy
	23- <u>No School</u>		23- Brooks		12- Tinlee
	26- <u>No School</u>		25- Whitt ½ B-Day 7/25		15- Brooks
	28- Brooks		27- Mrs. Aden		17- Kylie
	30- Joseph		30 - Kylie ½ B-Day 7/30		
Oct.	3- Zacharias	Feb.	1- Maverick		
	5- <u>No School</u>		3- Sadie		
	7- <u>No School</u>		6- Rosie		
	10- Isaac B-day 10/11		8- Joseph & Zacharias		
	12- Whitt		10- Maverick		
	14- Maverick		13- Rosie		
	17- Mila		15- Navy		
	19- Navy		17- <u>No School</u>		
	21- Bowie		20- <u>No School</u>		
	24- Liberty		22- Joseph		
	26- Isaac		24- Zacharias		
	28- Sadie		27- Isaac		
	31- Tinlee				
Nov.	2- Mrs. Aden	Mar.	1- Bowie		
	4- <u>No School</u>		3- Liberty		
	7- Mila B-Day 11/7		6- Tinlee		
	9- Brooks B-Day 11/10		8- Mrs. Aden		
	11- Joseph & Zacharias		10- Mila		
	B-Day 11/10		20- Brooks		
	14- Kylie		22- Joseph		
	16- Brooks		24- Zacharias		
	18- Sadie B-Day 11-18		27- Navy B-Day 3/28		
	21- Whitt		29- Bowie B-Day 3/30		
	23- <u>No School</u>		31- Kylie		
	25- <u>No School</u>				
	28- Maverick				
	30- Sadie				

**SUGGESTED SNACK LIST**

These suggestions are made primarily for the benefit of the children so that we do not contribute to tooth decay and hyperactivity, which is being questioned among experts where food additives are concerned. Any suggestions or questions will be welcomed.

Please remember the children will drink milk with their snacks, so the portions of snacks do not need to be very big.

Please reserve sweet snacks, such as cookies, for birthdays. We have a refrigerator for anything that needs to be kept cold.

SUGGESTIONS: Crackers (all kinds), Carrots and celery sticks, Trail mix, Jello, Pretzels, Puddings, Raisins, Popcorn, Yogurt, Fruit Snacks, Go-Gurts, Cereal, String Cheese, Granola bars, Fruit Roll-ups, Fresh Fruits, Peanut butter & jelly sandwiches.

Please do not send cupcakes on a child's birthday. I would like to encourage cookies, Rice Krispie treats, donuts, or brownies for a birthday treat. The children seem to eat these types of treats better than they eat cupcakes.